

# TISANES TEA ROOMS

*A Traditional English Tea Shop & Coffee House*

## *Sandwiches*

*Our generously filled sandwiches are made with wholemeal bread  
(Gluten-Free bread available on request)*

### *Cold*

Cheddar Cheese & Tomato .....	£ 3.80
Cheddar Cheese & Pickle .....	£ 3.80
Chicken & Mayonnaise .....	£ 3.90
Local Cured Ham .....	£ 3.90
Roast Turkey .....	£ 3.90
Egg Mayonnaise & Salad .....	£ 3.90
Tuna Mayonnaise & Salad .....	£ 3.90
Cream Cheese & Cucumber .....	£ 3.90
Peanut Butter, Honey & Banana .....	£ 3.90
Prawn Mayonnaise & Salad .....	£ 4.00
Side Salad.....	£ 1.80

### *Hot Filled*

BLT - Bacon, Lettuce & Tomato .....	£ 4.10
Turkey, Brie & Garlic .....	£ 4.90
Chicken & Bacon .....	£ 4.90
New Yorker - Bacon, Lettuce, Tomato & Turkey .....	£ 5.10
Bacon, Avocado & Brie .....	£ 5.10
Chicken, Ham & Cheddar Cheese .....	£ 5.10

### *Toasted*

Toasted Farmhouse Cheddar .....	£ 3.70
Croque Monsieur - Ham & Cheddar Cheese .....	£ 4.50
Tuna Melt - Tuna, Cheddar Cheese & Pickle .....	£ 4.50
Trocadero - Turkey, Whole Grain Mustard, Cranberry & Cheese .....	£ 5.10

## *Light Lunches*

Soup of the Day - served with a granary roll .....	£ 4.15
Hot Brie & Herb Roll .....	£ 3.40
Hot Ham & Cheddar Cheese Roll .....	£ 4.00
Quiche - served with salad & bread .....	£ 4.60
Cheese & Tomato Omelette - served with salad & bread .....	£ 4.90
Beans on Toast.....	£ 3.10
Creamy Scrambled Eggs & Toast .....	£ 4.15
Ploughman's Lunch with Cheddar Cheese .....	£ 5.50
Ploughman's Lunch with Ham or Turkey .....	£ 6.50

All prices include VAT

**We are sorry but we are unable to accept credit or debit cards.**

Service at your discretion / Please pay at the table.